

# MEDIA RELEASE

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## **Water bottles and \$100 up for grabs for sports teams.**

Are you part of a sports team? Want to win a set of Choose Tap Drink bottles and carrier, plus \$100? Then East Gippsland Water and GippSport have the competition for you.

All sports teams in East Gippsland are invited to enter the 2015 National Water Week Hydration Competition. Simply tell us why water is your team's drink of choice to be in with a chance to win.

There are three categories to enter.

Category 1 – a 30 second video

Category 2 – a photo or picture

Category 3 – a short story.

The competition opens 31 August and closes 5pm 2 October, with all entries to be addressed to '2015 National Water Week Hydration Competition'; email to [education@egwater.vic.gov.au](mailto:education@egwater.vic.gov.au), mail to PO Box 52, Bairnsdale 3875, or deliver in person to 133 Macleod Street Bairnsdale.

The competition aims to encourage communities to drink tap water as the drink of choice and is being promoted by East Gippsland Water as part of the 'Choose Tap' initiative.

The aim of 'Choose Tap', originally developed by Yarra Valley Water in Melbourne, is to encourage the community to drink tap water in preference to bottled water and soft drinks, as part of a healthy lifestyle. This is also supported by the VicHealth Regional Sports Program undertaken by GippSport, which focuses on enabling healthy lifestyles through championing and supporting water as the drink of choice.

Sports clubs and schools across East Gippsland have been sent an information pack containing entry forms, with further information available from the East Gippsland Water or GippSport websites.

For more details on the 2015 National Water Week Hydration competition, 'Choose Tap' or the Regional Sports Program, please contact Zoe Croft at East Gippsland Water on 5150 4452 or Jaquie Nethercote at GippSport on 5152 6559.

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